

C&M STABLES

Pre ride Introduction

Welcome to C and M Stables the only Horse back riding stables on the central Oregon coast. My name is Jeff Chastain, President of Coastal Mountain Stables Inc. In operation since 1981. The staff and I would like to take this time before we call you to the corral to cover some very important safety tips and rules so that all that participate can have a fun and safe ride.

- 1.) We do ask that you stay out of the corral area until we we call your name.
- 2.) Adult supervision is required at all times for Minors under 18.
- 3.) Please do not wander into the field or barn areas. We do use Electric fences. Parents, please do not allow children to play around them.
- 4.) We do not allow any Drugs or Alcohol on the ranch or anyone under the influence on the rides.
- 5.) Smoking is only allowed in designated areas. Please use cigarette cans to put them out, not the ground. We do not allow smoking or tobacco chewing on the rides.
- 6.) We do recommend, before the ride, that restroom stop be made. On the rides there will be no restroom available.
- 7.) It is highly recommended, before the ride that you remove wallets from your back pockets and make sure that anything in your pockets which can fall or work out is secured in a button or zip up pocket. Car keys can be lost very easily, also loose jewelry. (Items can be left at the office.)
- 8.) Any cameras taken on the rides must be small and on a neck strap out of the case. (NO Exceptions) This is so the camera does not hinder the ability of the rider to use the reins and have control of the horse at all times. If your camera does not have a neck strap ask for one at the office.
- 9.) We ask that **NO** beverages are taken on the rides. This is due to many problems with control of the horses on the rides due to no hands on the reins, dropping containers and beverage containers that if a rider fell off and landed on would injure the rider. Please have a drink before the ride leaves. We will provide a beverage break for any ride longer than 2 hours in length.
- 10.) Due to windy beach conditions, we ask that only hats with chin straps be taken on the rides. No large brim hats please.
- 11.) All children must fit the junior saddles regardless of age to go out on the rides.
- 12.) We do not allow sandals or flip flops on the rides. Tennis shoes are fine. We do have some shoes to loan .
- 13.) Children must be six to go on our Dune trail ride and eight to go on the Beach rides. Children must be 10 years and older to go on the Morning Adventure ride.
- 14.) We always recommend you take a warm jacket on our beach rides. During the summer the north west wind can be very strong and cold. GO PREPARED FOR IT. The best is to layer up and take gloves.

15.) We ask that no back packs or fanny packs be taken on the rides. Any jackets or extra clothing items can be tied to the saddle for you. (Ask your guide) We do not want any item in a pack that can hurt you if you fell off . Or hinder your ability to control your horse if you take your hands off the reins.

16.) Our Dune trail rides are a walk ride only due to soft sand conditions.

17.) On the 2 hour Beach ride, all riders with guides permission are allowed to Trot their horse once on the beach but only with proper distance between horses and beach conditions must be suitable.

On the Morning Adventure ride once on the beach and proving your riding skills to your guide we do allow cantering. It must only be one rider at a time and out and away from the other riders so not to create competition with other riders. We only allow advanced riders on this ride. If you are not a advanced rider and you end up on this ride it will keep all from cantering in that group. Beach conditions must be suitable and safe to canter.

18.) Remember your horses name. It is impossible for your guides to know all riders by name and will refer to you with your horses name.

19.) Wind conditions on the beach make it hard to hear so don't be afraid to raise a hand in the air to gain your guides attention. If you see your guide waiving their hand please stop your horse until you are told to go again.

20.) when your name is called at the corral entrance, you will be assigned a horse to match your riding skills.

Beginner= someone who rides infrequently or never before. Maybe rides a few times a year over the years.

Medium=Someone who has been riding for years maybe lessons, maybe did lots in the distance past but has not ridden much since. Could bring a horse under control if faced with a horse that started to canter and bring them u under control.

Advanced=Someone who has had years of riding, Lessons, put many hours in the saddle each year and can properly control a horse under any circumstance that may be found on the ride.

At this time we ask that you stand in front of the horse stall. A guide will come along and get your horse ready for you and bring the horse out for you to mount. Please listen to the guides instruction closely so you know the proper way to ride and gain control of your horse. We do have a mounting block if you need it ask.

PLEASE NEVER ENTER THE HORSES STALL FOR ANY REASON!

21.) Before mounting the horse, if you have chosen to wear a helmet we ask that you put it on at this time. Please leave the helmet on until you return and are off the horse and out of the corral.

22.) Reasons for terminating your ride !

- a. Obscene language or gestures.
- b. Any kind of horse abuse.
- c. Using leather straps to get your horse to go.
- d. Smoking or chewing tobacco on the rides.
- e. If found to have or using alcohol or drugs on the rides.
- f. Purposely causing competition between horses on the rides.
- g. Failing to ask for permission to canter your horse.
- h. Failing to keep your horse to a controlled canter.
- i. Staying with in four to five hundred feet of a guide at all times.
- j. Refusing to follow your guides request for safety of all riders on the ride.
- k. Purposely allowing your horse to graze or eat along the trail.
- l. Failing to try to have control of your horse at all times during the ride.

23.) Please remember your guide is there for the safety of all riders and that the ride you are on is a group guided ride of all skill levels. **Your guides will conduct the ride in a manner for safety for all as a group.**

24.) **Please remember the time to ask for help is during the ride, not after you return to the corral. Your guides will be happy to help you by explaining how and why, but you as the rider must be able to gain the proper response and control of your horse.**

25.) **Please make sure to lock your car before leaving on the ride.**

26.) Upon returning, we ask that you return any helmets to the office counter.

The recreational activity you are about to take part in is conducted on live animals. Horses used on string rides are accustomed to a routine and if allowed will do what they think they should be doing, but if proper response and seating is used by the rider, the horse will respond for the rider. Although our horses are not used for customers until they are proven, there is no such thing as a perfectly "safe" horse. At any given time anything can irritate or spook a horse into doing a quick stop, side step, crow hop, bucking, full out run, ect. By following some basic safety rules it can be a very rewarding and safe activity for all ages and skill leveled riders to enjoy.

Thank you for your cooperation and patronage.